

PHYSICAL EDUCATION OVERVIEW TERM FOUR, 2020

The following is an overview of Physical Education skills which Kindy to Year Six students will cover during sport sessions in Term Four.

Kindy

- The Movement Starters Program has children participating in a range of activities which incorporate balance, locomotion and body image to involve children in a range of movement explorations.
- Ball sports: Hand/eye coordination skills will be developed to control large balls through a variety of basketball skills and skill related games.

Pre Primary

- The Perceptual Motor Program (PMP) has children working through a sequence of experiences to develop perception and motor outcomes along with memory training. It aims to develop, through movement, motor skills that are related to the child's own needs, in the areas of eye/hand, eye/foot coordination, locomotion, balance and fitness.
- Ball sports: Hand/eye coordination skills will be developed to control large balls through a variety of basketball skills and games.
- Cooperation with others, including partners and teams, is vital when participating in physical activities. Students will practice positive behaviours especially when playing team games.

Year One/Two

- Ball sports: Hand/eye coordination skills will be developed to control large balls through a variety of basketball skills and team games.
- Positive choices are encouraged when participating in group activities and team games. This includes dealing with winning, losing and encouraging team mates.
- Ball sports: Hand/eye coordination skills will be developed to control bat and balls through modified games of tennis.

Year Three

- Ball sports: Hand/eye coordination skills will continue to be developed through a variety of basketball skills and modified games.
- Ball sports: Hand/eye coordination skills will be developed to control a bat and ball through modified games of tennis.
- Practise basic rules in a variety of physical activities in order to keep games fair and safe.

Year Four

- Ball sports: Hand/eye coordination skills will continue to be developed through a variety of basketball skills and modified games.
- Ball sports: Hand/eye coordination skills will be developed to control bat and balls through modified games of tennis.
- Cooperation skills and practices will be encouraged to ensure everyone is included in all physical activities.

Year Five/Six

- Ball sports: Hand/eye coordination skills will continue to be developed through a variety of ball games. Students will play volleyball, with the skill focus on digs, sets, spikes, serves and game play. Students will also develop skills and learn game rules to play the social game of lawn bowls.